

Dillsburg Senior Activity Center

May 2024 Newsletter

Hours: 9:00 AM – 2:00 PM Monday – Friday
1 N. 2nd St., Dillsburg, PA 17019
(717) 432-2216 dillsburgseniorcenter@verizon.net

Our Staff

Director:
Tracy Emig

**Assistant
Director:**
Heather Oyler

**Kitchen
Coordinator:**
Diane Cosby

Welcome

We're glad
you are here!!



A big thank you goes out to Dillsburg BiC Church. They provided beautiful spring flowers to each of our members at lunch during Easter Week. It was a wonderful way to celebrate spring!

Are you able to transport a member to the center on an occasional basis for bingo or another special event? In the past, staff members were able to provide occasional rides to the center for our members who don't drive. Unfortunately, we are no longer able to offer this service. If you can help in this capacity, please let the center staff know. We will keep a list and try to match drivers with riders. **THANK YOU!!**

Each year, the York County Area Agency on Aging provides funds for us to **celebrate our center.** Our festivities will occur in May, in conjunction with Older Americans' Month. We have some great things planned!! We will again have a spring picnic, but with a twist—we will provide the hot dogs, and we are asking YOU to provide side dishes and desserts. **Have a favorite picnic recipe?? Now is the time to pull it out and share it with friends!** One day is not enough, so we will continue the fun on a second day with homemade ice cream sundaes and a **special animal encounter.** You don't want to miss it!!

Sincerely,
Tracy

Reminder
The Senior Center will be closed
Monday, May 27
in observance of Memorial Day

**May is Older Americans' Month
What a great time to celebrate our center!**

Please join us for

DILLSBURG SENIOR CENTER CELEBRATION DAYS

Tuesday, May 14 10:30 am – 1:30 pm—Spring Potluck Picnic

We'll supply the hot dogs, live music, lawn games, raffles and prizes.

You provide the side dishes and desserts – see sign-up sheets in the center.

Bag lunches will be provided to take home—sign up SOON.

Friday, May 17 12:30 pm – 2:00 pm—Dessert and Animal Encounter

Enjoy an ice cream sundae dessert followed by a visit from Creatures Great and Small - an educational, traveling petting zoo with a wide variety of animals. There will be time for you to pet and hold the animals.

Lunch is served every Monday-Friday,
free of charge to Members of the Senior
Center

Free membership is open to citizens who are 60+
and their spouses, who reside within the Dillsburg-
Wellsville areas or who reside elsewhere within
York County but have their own transportation and
are considered independent.

Stop in the center to register with us and learn
about signing up for lunches!!

Home Delivered Meals may be an option for
homebound older adults who qualify. Physical,
mental, or emotional disabilities can sometimes
make meal preparation difficult. Call 717-771-9610
or email aging@yorkcountypa.gov for more
information.

A Walk at Century Park

Let's enjoy some fresh air, good exercise, and great
company!

Century Park

120 Century Lane, Dillsburg

Tuesday, May 7, 2024

Meet at the park entrance at 9:00 AM

If you need a ride to the park, call ahead of time to
make arrangements.



Please Join us for
Chair Volleyball

Friday, May 31, 2024

10:30 AM

Game Day

Pssst...Something special is coming to
Game Day this month.

It's been recommended by several other centers.

Here's a hint...**Oink, Oink!!**

Join us on Wednesday, May 8 at 10:30
to find out what the oinking is all about!!

A Light Hike and bagged lunch at Pinchot State Park

Tuesday, May 21, 2024

Meet at Conewago Day Use Area

10:00 AM

Please be aware, the hike will take place on an
unpaved, uneven trail.

Please bring your own water bottle.

A bag lunch will be provided for lunch after the
hike.

Sign up is required and the deadline is
Monday, May 6 to order a bagged lunch.

OUR WISH LIST

- non-perishable snacks for bingo
- 13-gallon trash bags
- Various colors of cardstock
- \$10 Giant gift cards

Dillsburg Senior Activity Center

May 2024 Calendar of Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Needle Crafters 11:00	2 Billiards 10:30	3	4
5	6	7 Walk at Century Park 9:00	8 Needle Crafters 11:00 Game Day 10:00	9 Bowling 9:30	10 Trivia with Bob Reigh 12:00	11
12	13	14 Celebration Days Picnic Celebration	15 Needle Crafters 11:00	16	17 Celebration Days Ice Cream Sundaes & Creatures Great & Small Program 12:30	18
19	20	21 Light Hike at Pinchot Park with Bagged Lunch 10:00	22 Needle Crafters 11:00	23 Bowling 9:30	24 Bingo 10:00	25
26	27 Memorial Day Center Closed	28	29 Needle Crafters 11:00	30	31 Chair Volleyball 10:30	

May

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please order meals two days in advanced especially if calling 717-432-2216</p>	<p>Join us for Senior Center Celebration Day on May 14! RSVP by May 8</p>	<p>Western Omelet w/Ham, Peppers, Onions, Cheese Sausage Patty Breakfast Potatoes English Muffin w/ Jelly Apple Juice</p>	<p>Grilled Chicken Caesar Salad Mixed Greens (Diced Chicken, Parmesan, Tomato, Croutons) Cream of Broccoli Soup Dinner Roll Blushed Pears</p>	<p>Mango BBQ Chicken Breast Brown Rice Carrots Wheat Bread Fresh Orange</p>
<p>Stadium Hot Dog on Hot Dog Roll Cheesy Potatoes Green Beans Pineapple & Mandarin Oranges</p>	<p>Baked Salmon w/ White Wine Cream Sauce White Rice Island Blend Vegetables Wheat Bread Cinnamon Applesauce</p> <p>NEW ITEM</p>	<p>Pot Roast w/ Gravy Mashed Potatoes Mixed Vegetables White Bread Seasonal Fresh Fruit</p>	<p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine Warm Beets Wheat Bread Gelatin</p>	<p>Pesto Chicken Buttered Pasta Tossed Salad w/tomato & dressing Dinner Roll Peach Crisp</p> <p>NEW ITEM</p>
<p>Pizza Casserole Peas White Bread Seasonal Fresh Fruit</p>	<p>Senior Center Celebration Day Picnic at the Center Bagged Lunch to Go Turkey sandwich, Potato Salad, Fruit Brownie and Iced Tea</p>	<p>Roast Pork w/Sauerkraut Whipped Potatoes w/Chives Mixed Vegetables Wheat Bread Cookie</p>	<p>Baked Pollock Macaroni & Cheese Spinach Wheat Bread Mandarin Oranges</p>	<p>Taco Bake (Taco Meat, Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips Corn w/ Pimientos Pineapple</p> <p>NEW ITEM</p>
<p>BBQ Pulled Pork Sandwich on Sandwich Roll Ranch Potatoes Cookie</p>	<p>Baked Beef Ravioli (6 Ravioli) w/Shredded Cheese Tossed Salad w/ Tomato Garlic Breadstick Seasonal Fresh Fruit</p> <p>NEW ITEM</p>	<p>Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/ Chives Sweet Corn White Bread Cookie</p>	<p>Cheeseburger w/Lettuce, Tomato Creamy Potato Soup w/ Crackers Hamburger Roll Seasonal Fresh Fruit</p>	<p>Chicken, Spinach & Cranberry Salad w/ Dressing Mixed Greens & Spinach Beets Breadstick Pears</p>
<p>Memorial Day Center Closed</p> <p>MEMORIAL DAY REMEMBER AND HONOR</p>	<p>Teriyaki Chicken Vegetable Rice Pilaf Carrots Wheat Bread Seasonal Fresh Fruit</p>	<p>Sliced Ham w/ Pineapple Sauce Whipped Sweet Potatoes Green Beans Dinner Roll Cookie</p>	<p>Orange Glazed Pork Loin Buttered Pasta California Blend Wheat Bread Peach Crisp</p> <p><i>*menu subject to change</i></p>	<p>Tuna Salad Sandwich on White Bread Broccoli Salad Coleslaw Seasonal Fresh Fruit</p>

May Program Highlights

- **Needle-Work Crafters- Every Wednesday this month, 11:00 AM**
No experience necessary. We have an awesome group of members who would be happy to share their knowledge!
- **Billiards at the Center- Thursday, May 2nd, 10:30 AM**
Join your friends at the center for a few games of pool.
- **Walk at Century Park – Tuesday, May 7th, 9:00 AM**
Details p. 2.
- **Game Day - Wednesday, May 8th, 10:00 AM**
No need to sign up for games but be sure to have your count in for the day's lunch!
- **Bowling- Thursday, May 9th & Thursday, May 23rd, 9:30 AM**
We will meet at ABC West Lanes on the Carlisle Pike and bowl two or three games, before returning to the center for lunch.
- **Trivia with Bob Reigh- Friday, May 10th, 12 noon**
Bob Reigh returns at lunch to lead us in some friendly, competitive trivia.
- **CELEBRATION DAYS -- Picnic Celebration – Tuesday, May 14th, 10:00 AM**
Details p. 1
- **CELEBRATION DAYS -- Ice Cream Sundaes and Creatures Great & Small Program – Friday, May 17th, 12:30 PM**
Details p. 1
- **Light Hike at Pinchot Park with bagged lunch – Tuesday, May 21st, 10:00 AM**
Details p. 2
- **Bingo- Tuesday, May 24th, 10:00 AM**
Please bring a prize or two for the prize table.
- **Chair Volleyball - Friday, May 31, 10:30 AM**
See p. 2



Date:

Tuesday, June 18, 2024

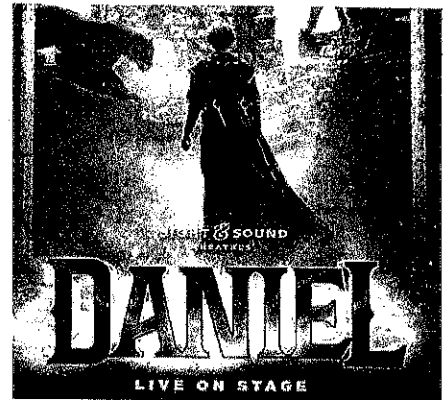
Cost:

\$32.50 (includes all exhibits and safari ride at the park, bagged lunch, and Rabbit bus transportation)

Sign up and pay by:

Thursday, May 23, 2024

Holiday Trip 2024



Sight & Sound Theater
Lancaster, PA

Tuesday, December 10, 2024

\$201/person includes theater ticket, lunch at Hershey Farms Restaurant, Wolf's bus transportation, and gratuities.

only 14 seats available available
first come/first served

Dillsburg Senior Activity Center, Inc.
P.O. Box 51
Dillsburg, PA 17019

NON-PROFIT
ORG.
U.S. POSTAGE
P A I D
Permit No. 34

Dillsburg Borough Office
233 South Chestnut Street
Dillsburg, PA 17019



Senior Farmers Market Nutrition Vouchers

\$50 FREE vouchers for use at PA Farm Markets for fresh fruit and vegetables grown in Pennsylvania (for 60 or older), Proof of age and York County residency is required.

Distribution at the Dillsburg Senior Center is Wednesday, June 5, 9:00 – 11:30 am
All distribution will be IN PERSON, vouchers will not be mailed.

Proxy forms are required for eligible seniors authorizing another person to pick up vouchers for them. Proxy forms are available after May 1st at the center.

Income Requirements:

1-person household;	\$27,861/year; \$2,322/month
2-person household;	\$37,814/year; \$3,151/month
3-person household;	\$47,767/year; \$3,980/month