

Dillsburg Borough

From: York County Area Agency on Aging <aging@yorkcountypa.gov>
Sent: Tuesday, March 5, 2024 10:50 AM
To: Dillsburg Borough
Subject: YCAAA Newsletter March 2024



March 2024

Aging Our Way!

Last fall, the Pennsylvania Department of Aging, through the Area Agencies on Aging, conducted information gathering sessions across the state to help them develop a 10-year comprehensive plan for aging in Pennsylvania. Using that information, they have now created a draft plan and are asking older adults to provide feedback on that draft plan. We encourage you to review the new **Aging Our Way, PA** draft plan – a 10-year plan for older adults and provide your thoughts on it.

Visit pa.gov/AgingOurWay to review the plan.

Provide Feedback:

Complete the online form: <https://tinyurl.com/wes2mstz>

OR

Mail comments to: "Aging Our Way, PA" at 555 Walnut St. 5th Floor, Harrisburg, PA 17101

OR

Email: agingplan@pa.gov

Public comment period ends on March 20, 2024.



Our office is closed
Friday, March 29th

We will re-open on
Monday, April 1st



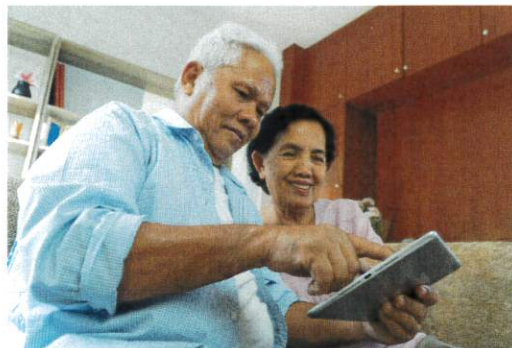
Personal Care & Assisted Living Homes Guide Available

Our "Guide to Assisted Living and Personal Care Homes in York County" is recently updated to provide the latest information to help you find the best care for your loved one. **To view or download the guide, just click on the picture above.**

New Way to Subscribe!

Receive New Horizons, the official newspaper of the York County Area Agency on Aging in your home mailbox with our new online sign-up option. New Horizons is published 3 times a year in January, May, and September.

You will also receive our monthly E-newsletter and E-Alerts to your inbox, so you don't miss anything between editions of our newspaper.



Click on the link to subscribe:
<https://lp.constantcontactpages.com/sl/YNwxySk/ycaging>



**Click the apple &
scroll down for [class
descriptions](#)**

New Health & Wellness Classes Are Added to Our Schedule

Spring is almost here! Get active with our FREE Health & Wellness classes. Increase your stamina, reduce pain, improve your balance, and create new friendships. Classes are filling quickly, so sign up today!

See [Our Schedule](#).



Better Living Radio Show

Tune in as we speak with Bill O'Brien of the Better Living Radio Show on **Happy 95.3 FM** or **1280 AM** about Financial Literacy and Scams targeting older adults with our YCAA Protective Services Team Leaders. The show begins at 10 am and runs until 11 am.



pennsylvania

Medicare Education and Decision Insight

Pre-Retirement Seminar

Thursday, April 25th

6 pm - 8:30 pm

Room 148

2401 Pleasant Valley Road

York, PA 17402

For registration call 717-771-9008 or 800-632-9073 or [Email the Agency on Aging](#)

Fun Things To Do for Older Adults in York County

This list is shared every Thursday via our FaceBook page.
[Follow us for more fun!](#)

March 1

Trivia Night at the Museum
6 pm

March 15

**Spirits of the Past:
Drink Like a Founding Father**

York County History Center Museum
217 W. Princess Street, York

March 2

Maple Sugaring Days

10 am - 3 pm
Nixon County Park

Film: Dune Part 2

3:45 pm
Majestic Theatre, Gettysburg
Admission fee

March 3

Maple Sugaring Days

10 am - 3 pm
Nixon County Park
\$3 admission

March 10

Charter Day

Free Admission to many
PA Historic Sites & Parks
Call museum/site to check admission

William Penn 1681 Charter Display

Noon - 4 pm
PA State Archives
1681 N. Sixth Street, Harrisburg
Free Admission

7 pm
York County History Center
250 E. Market Street, York

State of Black Life in York Summit

8:30 am - 3:30 pm
Keystone Kidspace
10 Hamilton Avenue, York

March 16

Film: Past Lives

3 pm
Guthrie Memorial Library
2 Library Place, Hanover
Free admission

March 17

Share the Story of Agriculture

11 am - 3 pm
Hufnagel Library
32 Main Street, Glen Rock

March 20

Leo Ullman: Holocaust Survivor Memories

6:30 pm
Red Land Community Library
70 Newberry Commons, Goldsboro



Take Note: New Horizons coming in May.

The spring/summer issue of New Horizons will arrive on May 1st, instead of April 1st as in previous years. This change allows us to balance the timing of the editions, as well as to include important information that was left out in previous summer editions.

In the meantime, you can still read the current edition of New Horizons online by clicking on the button-link below.

Read New Horizons Online Here

About York County Area Agency on Aging

The primary focus of the York County Area Agency on Aging is to provide education, advocacy and coordination of community-based services to empower older adults to maximize their independence and quality of life.

York County Area Agency on Aging | 2401 Pleasant Valley Road, York, PA 17402 717-771-9610

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