

Dillsburg Senior Activity Center, Inc.
P.O. Box 51
Dillsburg, PA 17019

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Dillsburg Borough Office
233 South Chestnut Street
Dillsburg, PA 17019

Christmas Luncheon

At Northern High School

The Northern High School Student Council invites
local senior citizens to a traditional Christmas
dinner on

Wednesday, December 14, 2023
Northern High School Cafeteria
1:15 PM

Please call the senior center to add your
name to the list of participants by
Wednesday, December 5.



**Lunch is served every Monday-Friday,
free of charge to Members of the Senior
Center**

Free membership is open to citizens who are 60+
and their spouses, who reside within the Dillsburg-
Wellsville areas or who reside elsewhere within
York County but have their own transportation and
are considered independent.

Stop in the center to register with us and learn
about signing up for lunches!!

Home Delivered Meals may be an option for
homebound older adults who qualify. Physical,
mental, or emotional disabilities can sometimes
make meal preparation difficult. call 717-771-9610
or email aging@yorkcountypa.gov for more
information.

Dillsburg Senior Activity Center

December 2023 Newsletter

Hours: 9:00 AM – 2:00 PM Monday – Friday
1 N. 2nd St., Dillsburg, PA 17019
(717) 432-2216 dillsburgseniorcenter@verizon.net

Reminder: The center will be closed several days this month.
Friday, December 22 – Holiday Break
Monday, December 25 – Christmas Day

Our Staff

Director:
Tracy Emig

Assistants:
Dana Guyer
Heather Oyler

Welcome

We're glad
you are here!!



December is the perfect month to count our blessings! We are continuing to see a growth in our numbers here at the senior center. Whether seniors are coming for a balanced meal or looking for socialization, the Dillsburg Senior Center is the place to be! We are so blessed that you share your days with us. We have lots of great things planned for this month!

Winter is around the corner! When snow and or ice is predicted for the day, and you would like to find out if we will be open, please call the center. **There will be an announcement on the voicemail ONLY if the Center is closed for the day.** Call after 7:30 am. The Senior Center attempts to have closures broadcast on WGAL CHANNEL 8 AND WHTM CHANNEL 27 but due to the incredible number of businesses that use this service, they don't always post the center's closure. Please call us if you plan to cancel your lunch if the center remains open. Thank you!

Reminder: If you are not feeling well or think you have been exposed to Covid or the Flu, please stay home. Call to let us know if you are not coming for lunch.

Holiday Party at Dillsburg Senior Activity Center

Wednesday, December 20, 10:00 AM

Holiday games, snacks, and fun!



Join in on our gift exchange game!

To participate bring a wrapped gift with no name tag. Gift should be newly purchased, valued at \$5 - \$7, and appropriate for a man or woman.

The holiday meal will be served at noon today. Don't forget to sign up for lunch!

If you need help paying your heating bills,
LIHEAP may be able to help you.



The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income people pay their heating bills. LIHEAP is a grant. You do not have to repay it.

To receive help:

- Apply between November 1, 2023 and April 5, 2024
- You don't have to be on public assistance.
- You don't need to have an unpaid heating bill.
- You can either rent or own your home.

How to apply:

- Currently, the senior center has applications.
- Apply online at: www.compass.state.pa.us.
- Request an application by calling the Statewide LIHEAP Hotline at 1-866-857-7095 or call PA Relay at 711 for the hearing impaired.

Call the center if you need assistance completing this form.

Income Guidelines for 2022-2023

Household Size	Maximum Annual Income
1	\$21,870
2	\$29,580

Each additional person add \$7,710.

After your application is processed, you will receive a written notice that will tell you the amount of your grant.



Lighted Christmas Gift Box Craft
Tuesday, December 14, 2023
10:30 AM

Dana has offered to donate materials and decorating supplies for you to create this lighted Christmas Gift Box to display for the holidays.

Please sign up by Friday, December 8 to make sure we have all the materials that are needed.

Hot Cocoa and Cookies
with the Northern Bear Singers
Wednesday, December 13, 10:30AM



We'll have Hot Chocolate and Cookies while we host a performance by the Northern Bear Singers. The Bear Singers are an a cappella group of students from Northern High School who are featuring holiday music for the month of December.



Live Theater is Back at the Center!
Friday, December 15, 10:00

The Theater Arts For Everyone actors are back to perform a new show.

In this show we find that some of the residents have gone with their families for the holiday. Those who stay are having their own special Christmas – reliving their traditions and creating new ones. Plus, the resident director has organized a surprise that no one would expect! And everyone will enjoy!

December Program Highlights

- **Needle-Work Crafters- Every Wednesday this month, 11:00 AM**
No experience necessary. We have an awesome group of members who would be happy to share their knowledge!
- **Game Day – Monday, December 4th, 10:00 AM**
No need to sign up for games but be sure to have your count in for the day's lunch!
- **Trivia with Bob Reigh- Friday, December 8th, 12 noon**
Bob Reigh returns at lunch to lead us in some friendly, competitive trivia.
- **Billiards at the Center- Monday, December 11th, 10:30 AM**
Join your friends at the center for a few games of pool.
- **Bowling- Thursday, December 14th & Thursday, December 28th, 9:30 AM**
We will meet at ABC West Lanes on the Carlisle Pike and bowl two or three games, before returning to the center for lunch.
- **Lighted Christmas Gift Box Craft- Tuesday, December 12th, 10:30 AM**
Details on page 3, sign up by Dec 8!
- **Cocoa and Cookies with the Northern Bear Singers- Wednesday, December 13th 10:30 AM**
We'll host the Northern Bear Singers for hot cocoa, and cookies, more on page 3.
- **Christmas Meal at Northern HS – Thursday, December 14th, 1:15 PM**
See page 1 for details.
- **TAFE Christmas Play– Friday, December 15th, 10:00 AM**
See page 3 for details.
- **Bingo- Tuesday, December 19th, 10:00 AM**
Please bring a prize or two for the prize table.
- **Holiday Party at the Senior Center, Wednesday, December 20th, 10:00 AM**
Games, snacks and gift exchange fun! Details page 2.
- **Holiday Movie- Thursday, December 21, 9:45AM**
See below
- **Holiday Music with Melissa Jacoby- Wednesday, December 27, 11:00 AM**
Melissa will entertain us with holiday music.



WHITE CHRISTMAS

Holiday Movie at the Senior Center
Thursday, December 21, 2023
The center opens at 9:00 for you to come find a seat and we will start the movie at 9:45 AM.
Join us for popcorn and to watch this holiday classic!

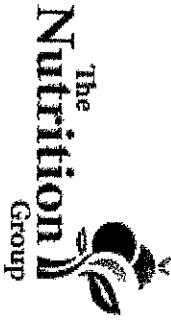
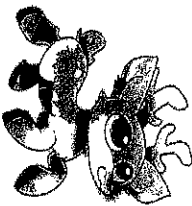




OUR WISH LIST

- Salad Dressings
- Boxed Beef Broth
- Boxed/microwavable Popcorn
- \$10 gift cards to Giant or BJs

December

York County

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1c. Winter Beef Stew 1/2c Mixed Vegetables Cornbread 1/2c Sliced Apples</p>	<p>Sweet & Sour Meatballs(4) 1/2c Rice 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit</p>	 <p>1c. Stuffed Pepper Casserole 1c Tossed Salad 1/2c Coin Carrots 1 White Bread 1/2c Pudding</p>	<p>Honey Rosemary Chicken 1/2c Buttered Noodles 1/2c Green Beans 1 White Bread 1/2c Peaches</p> <p>NEW ITEM</p>	<p>Chicken Cobb Salad (2oz Diced Chicken, Egg, Bacon Bits, Cheddar, over 1c. Mixed Greens 1/2c Pickled Diced Beets 1 Dinner Roll 1 Piece Cake</p>
<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>
*menu subject to change based on availability				
<p>11</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pears</p>	<p>12</p> <p>Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Three Bean Salad 1 Dinner Roll 1/2c Gelatin</p>	<p>13</p> <p>BBQ Chicken Breast 1/2c Sweet Potatoes 1/2c Green Beans 1 Dinner Roll Seasonal Fresh Fruit</p>	<p>14</p> <p>no lunch served at Senior Center Holiday Meal at Northern High School 1:15 Please sign up at center</p>	<p>15</p> <p>1/2c Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn 1 White Bread 1 Cookie</p>
<p>18</p> <p>1/2c. Pot Roast w/ Gravy 1/2c Parsley Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp</p>	<p>19</p> <p>Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Roftini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit</p> 	<p>20</p> <p>Christmas Special! 1/2c. Roast Turkey w/ Gravy 1/4c Homemade Stuffing 1/2c Whipped Potatoes 1/2c Seasoned Peas & Carrots Dinner Roll Apple Pie</p>	<p>21</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin</p>	<p>22</p> <p>Center Closed Merry Christmas!</p>
<p>25</p> 	<p>26</p> <p>Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Carrots 1 Breadstick -1/2c Applesauce</p>	<p>27</p> <p>Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Green Beans 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges</p>	<p>28</p> <p>Turkey Chet Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Pickled Beet Salad 1 Wheat Bread 1/2c Fruit & Gelatin</p>	<p>29</p> <p>Pulled Pork w/ 2 oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Applesauce Cake</p>

December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Game Day 10:00	5	6 Needle work Crafters 11:00	7	8 Trivia with Bob Reigh 12:00 Noon	9
10	11 Billiards at the Center 10:30	12 Craft of the Month: Lighted Christmas Gift 10:30	13 Cocoa and Cookies with the Northern Bear Singers 10:30 Needle work Crafters 11:00	14 Bowling 9:30 Holiday Meal at High School 1:15	15 TAFE Christmas Play 10:00	16
17	18	19 Bingo 10:00	20 Holiday Party 10:00 Needle work Crafters 11:00	21 Holiday Movie 9:45	22 Center Closed	23
24	25 Christmas Center Closed	26	27 Holiday music with Melissa 11:00 Needle work Crafters 11:00	28 Bowling 9:30	29	30
31						