

## Dillsburg Borough

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**From:** York County Area Agency on Aging <aging+yorkcountypa.gov@ccsend.com>  
**Sent:** Monday, October 2, 2023 12:23 PM  
**To:** Dillsburg Borough  
**Subject:** YCAAA Newsletter October 2023



**October 2023**

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### **Enjoy This Season of Transition**

October is the time for cooler weather, beautiful colors, apple harvest, pumpkins, and fall festivals. It is also a time of transition as we winterize our homes and yards in preparation of spending more time indoors for the winter.

On the original Roman calendar, October was the 8th month of the year, hence it's name beginning with "Octo" When the calendar new year was changed to January in 153 BC, there was an attempt to change the name, but "October" still stuck in everyday use.

Today, October hosts several "holidays" including International Day of Older Persons (Oct. 1st), Columbus/Indigenous People's Day (Oct. 9th), Halloween (Oct. 31st), and a variety of other awareness and cultural days. If you would like to know more about October holidays or the holidays of any other month, visit <http://www.nationaltoday.com>

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**ALERT!**

**There will be a national test of the Emergency Alert System (EAS) and Wireless Emergency Alerts (WEA) on Wednesday, Oct. 4, at approximately 2:20 p.m.**

The test is to ensure the systems continue to effectively warn the public about emergencies, particularly those on the national level. The WEA portion of the test will be directed to all consumer cell phones. The EAS portion will be sent to radios and televisions.

In case the Oct. 4 test is postponed due to widespread severe weather or other significant events, the back-up testing date is Oct. 11.

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## **PA MEDI Is On The Air!**

Host Bill O'Brien, of the Better Living Radio Show, will be talking with our PA MEDI counselors with information on the Medicare Open Enrollment period and how to navigate the Medicare system.



**Monday, October 16th**  
**10 - 11:00 am**  
**WHVR 1280 am / 98.3 fm**

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**Get Ready for Medicare Open Enrollment**  
**Make Your Personal Appointment Today!**

# Questions about your Medicare?

We are here to

# HELP

Open Enrollment Dates



Join, switch or drop  
Medicare Advantage or  
Prescription Drug Plans.

Appointments are required.  
Call the PA MEDI scheduling line  
**717-771-9042**

## Understanding Medicare can be difficult.

PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with nonbiased, objective, easy-to-understand information about Medicare.

They can help you:

- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans
- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Apply for Medicare Savings Programs to save you money... and more!



**pennsylvania**

Medicare Education and Decision Insight

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# 2023 MEDICARE ANNUAL OPEN ENROLLMENT EVENTS

For additional information or to register:

**717-771-9042 or 800-632-9073**

Please do not call the event sites

## **WEDNESDAY, OCTOBER 18**

York County at Pleasant Valley Road  
9:00 am - 1:00 pm  
2401 Pleasant Valley Rd., York PA 17402

## **MONDAY, OCTOBER 23**

Heritage Senior Center  
9:00 am - 2:00 pm  
3700-4 Davidsburg Rd., Dover PA 17315

## **TUESDAY, OCTOBER 24**

SpiriTrust Lutheran  
The Village at Kelly Drive  
9:00 am - 3:00 pm  
750 Kelly Dr., York PA 17404

## **WEDNESDAY, OCTOBER 25**

Dallastown Area High School  
3:30 pm - 8:00 pm  
700 New School Ln., Dallastown PA 17313

## **MONDAY, OCTOBER 30**

West York High School  
3:30 pm - 8:00 pm  
1800 Bannister St., York PA 17404

## **WEDNESDAY, NOVEMBER 1**

South Western High School  
3:30 pm - 8:00 pm  
200 Bowman Rd., Hanover PA 17331

## **FRIDAY, NOVEMBER 3**

Dillsburg Senior Center  
9:00 am - 2:00 pm  
1 N. 2nd St., Dillsburg PA 17019

## **MONDAY, NOVEMBER 6**

Delta Senior Center  
9:00 am - 3:00 pm  
5 Pendyrus St., Delta PA 17314

## **FRIDAY, NOVEMBER 17**

York County at Pleasant Valley Road  
9:00 am - 1:00 pm  
2401 Pleasant Valley Rd., York PA 17402

## **MONDAY, NOVEMBER 20**

West York High School  
3:30 pm - 8:00 pm  
1800 Bannister St., York PA 17404

## **WEDNESDAY, NOVEMBER 29**

South Western High School  
3:30 pm - 8:00 pm  
200 Bowman Rd., Hanover PA 17331

## **WEDNESDAY, DECEMBER 6**

York County at Pleasant Valley Road  
9:00 am - 1:00 pm  
2401 Pleasant Valley Rd., York PA 17402

*Schedule Your Appointment Today!*





The York County Area Agency on Aging offers a variety of health & wellness classes to help you live your best life. From **fall prevention** to **managing chronic conditions** we can help to keep you moving and preserve your peace of mind.

**Never Miss an Issue!**  
**Have NEW HORIZONS**  
**sent directly to your home.**

A photograph of a smiling senior couple lying in bed. The woman, with short white hair, is leaning over the man, who is holding a newspaper. They are both looking towards the camera. The background shows a window with greenery outside.

## About York County Area Agency on Aging

The primary focus of the York County Area Agency on Aging is to provide education, advocacy and coordination of community-based services to empower older adults to maximize their independence and quality of life.

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