

Dillsburg Borough

From: York County Area Agency on Aging <aging+yorkcountypa.gov@ccsend.com>
Sent: Friday, September 1, 2023 8:00 AM
To: Dillsburg Borough
Subject: YCAAA Newsletter September 2023



News

September 2023



Master Plan for Older Adults Listening Sessions



The York County Area Agency on Aging (YCAAA) will host a listening session on the development of the Master Plan for Older Adults – a 10-year, state-led and stakeholder-driven strategic plan designed to help transform the infrastructure and coordination of services for older Pennsylvanians. The master plan will also reflect the needs

York County **Listening Sessions**

Thursday
SEPTEMBER 7, 2023

6:00 - 8:00 pm
North Hopewell
Winterstown VFC
12246 Winterstown Road
Felton 17322

and preferences of older adults to live where they choose and access the supports they need to thrive and age in place.

Stakeholders, older adults and people living with disabilities, their families, caregivers and community leaders are invited to hear an overview of the plan, its core principles, and why such a plan is needed for Pennsylvania. There will be opportunities for those in attendance to provide comments and input.

Those interested in attending the listening sessions should RSVP by phone at **717-771-9001.**

Individuals who are unable to attend can still provide input on the plan. They can either email AgingPlan@pa.gov, provide feedback through an online form or mail the **Pennsylvania Department of Aging, c/o Master Plan, 555 Walnut St., 5th Floor, Harrisburg, PA 17101.**

Tuesday
SEPTEMBER 12, 2023

5:00 - 7:00 pm
Bare Center
@ Guthrie Memorial
Library
2 Library Place
Hanover 17331

Thursday
SEPTEMBER 14, 2023

10:00 - 11:30 am
St. Matthew's Evangelical
Lutheran Church
839 W. Market Street
York 17401

Thursday
SEPTEMBER 21, 2023

5:00 - 6:30 pm
St. Matthew's Evangelical
Lutheran Church
839 W. Market Street
York 17401

When registering, please let us know if you will need accommodations and/or translation services.

Call to Register
717-771-9001

Mark your calendar!

**York County
Area Agency on Aging
& PA MEDI**

HEALTH FAIR

Thursday, September 21, 2023

9 am - 2 pm

2401 Pleasant Valley Road
York, PA 17402



Health services & resources include:

- **PA MEDI:** Meet our PA MEDI volunteers to get free, confidential, unbiased information on Medicare health insurance and low income programs
- **York County Area Agency on Aging:** Learn about our community-based services available to you or your loved ones
- **Social Security Administration:** Speak with a Public Affairs Specialist about programs like social security benefits, disability, survivor benefits, Medicare eligibility and more.
- **York County Assistance Office:** Ask questions about medical assistance eligibility, food assistance, long-term care and more
- **Veterans Affairs:** Check eligibility for VA benefits from an accredited service officer
- **PENNIE:** discuss options for health insurance if not eligible for Medicare
- **Wellspan:** Inquire about financial assistance, healthy care card and more
- **UPMC:** Explore the financial aid program
- **Nutrition:** 2023 Senior Farmers Market Nutrition Vouchers will be distributed in-person, if available

Keep Moving with our Health & Wellness Classes

The York County Area Agency on Aging offers a variety of health & wellness classes to help



you live your best life. From **fall prevention** to **managing chronic conditions** we can help to keep you moving and preserve your peace of mind.

Click the button for class descriptions and a link to our schedule.

Find a Class

Listen Up for Driver Safety!

Host Bill O'Brien, of the Better Living Radio Show, will be talking with Barbara Zortman, Director of the York County Center for Traffic Safety about Senior Driving Safety.

Tuesday, September 12th
10 - 11:00 am
WHVR 1280 am / 98.3 fm



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Medicare Education and Decision Insight

Our next Pre-Retirement Seminar

will be
Thursday, September 28th
6 - 8:30 pm
via Zoom

Pre-registration & a valid email address are required.

Follow Us on FaceBook

York County Area Agency on Aging has over 1500 followers on FaceBook and a reach to over 27,500 people & organizations in our area. We post important information, classes, and fun things for older adults, several times each week.

If you haven't joined us yet, hit the follow button and join us!

Call: 717-771-9008



NEW HORIZONS Comes Out Today!

**The Autumn edition of New Horizons
(Sept. - Dec.) comes out**

TODAY, SEPTEMBER 1st!

This edition features Medicare Annual Open Enrollment, as well as information to help caregivers, articles about estate planning, avoiding financial scams, and lots more!

**Read it online
or pick one up today!**



** Read New Horizons Online Here**

**Get Ready for Medicare Open Enrollment
Make Your Appointment Today!**

Questions about your Medicare?

We are here to

HELP

Open Enrollment Dates



Join, switch or drop
Medicare Advantage or
Prescription Drug Plans.

Appointments are required.
Call the PA MEDI scheduling line
717-771-9042

**Understanding Medicare can
be difficult.**

PA MEDI counselors are specially trained staff and volunteers who can answer your questions and provide you with nonbiased, objective, easy-to-understand information about Medicare.

They can help you:

- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans
- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Apply for Medicare Savings Programs to save you money... and more!



pennsylvania

Medicare Education and Decision Insight

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2023 MEDICARE ANNUAL OPEN ENROLLMENT EVENTS

**For additional information or to register for the following Medicare events
call 771-9042 or 1-800-632-9073**

Please do not call the event sites

WEDNESDAY, OCTOBER 18 9:00 AM to 1:00 PM	YORK COUNTY AT PLEASANT VALLEY ROAD 2401 Pleasant Valley Road, York PA 17402
MONDAY, OCTOBER 23 9:00 AM to 2:00 PM	HERITAGE SENIOR CENTER 3700-4 Davidsburg Road, Dover PA 17315
TUESDAY, OCTOBER 24 9:00 AM to 3:00 PM	SPIRITRUST LUTHERAN The Village @ Kelly Dr. 750 Kelly Drive, York PA 17404
WEDNESDAY, OCTOBER 25 3:30 PM to 8:00 PM	DALLASTOWN AREA HIGH SCHOOL 700 New School Lane Dallastown PA 17313
MONDAY, OCTOBER 30 3:30 PM to 8:00 PM	WEST YORK HIGH SCHOOL 1800 Bannister Street, York PA 17404
WEDNESDAY, NOVEMBER 1 3:30 PM to 8:00 PM	SOUTH WESTERN HIGH SCHOOL 200 Bowman Road, Hanover PA 17331
FRIDAY, NOVEMBER 3 9:00 AM to 2:00 PM	DILLSBURG SENIOR CENTER 1 N. 2 nd Street, Dillsburg PA 17019
MONDAY, NOVEMBER 6 9:00 AM to 3:00 PM	DELTA SENIOR CENTER 5 Pendyrus Street, Delta PA 17314
FRIDAY, NOVEMBER 17 9:00 AM to 1:00 PM	YORK COUNTY AT PLEASANT VALLEY ROAD 2401 Pleasant Valley Road, York PA 17402
MONDAY, NOVEMBER 20 3:30 PM to 8:00 PM	WEST YORK HIGH SCHOOL 1800 Bannister Street, York PA 17404
WEDNESDAY, NOVEMBER 29 3:30 PM to 8:00 PM	SOUTH WESTERN HIGH SCHOOL 200 Bowman Road, Hanover PA 17331
WEDNESDAY, DECEMBER 6 9:00 AM to 1:00 PM	YORK COUNTY AT PLEASANT VALLEY ROAD 2401 Pleasant Valley Road, York PA 17402

About York County Area Agency on Aging

The primary focus of the York County Area Agency on Aging is to provide education, advocacy and coordination of community-based services to empower older adults to maximize their independence and quality of life.

Area Agency on Aging | 2401 Pleasant Valley Road, York, PA 17402 717-771-9610

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