#### **Dillsburg Borough**

From:

York County Area Agency on Aging <aging+yorkcountypa.gov@ccsend.com>

Sent:

Friday, June 30, 2023 9:04 AM

To:

Dillsburg Borough

Subject:

YCAAA Newsletter July 2023





July 2023

York
Celebrates
Loretta
Claiborne

July 7, 2023 6pm

(Location in Downtown York TBD)

Carrying the torch for inclusion.



At almost 70 years old, York's own Loretta Claiborne has done it again! This time, she has won Gold for women's singles tennis at the Special Olympics World Games in Berlin, Germany. She also brought home a bronze medal for women's doubles tennis with teammate Heidi Sand. Amazingly, this was only her first time competing in tennis.

Loretta first entered the Special Olympics in 1970 and has now competed in over 300 local and state events, as well as 6 Special Olympics World Games. Internationally, she has one Gold medal each in the mile and 3000 meter runs, and 2 Gold medals each in

bowling and the half-marathon. She also holds 3 Silver medals in the 3000 and 5000 meter runs, and figure skating, with a Bronze medal in the 1500 meter run.

Born partially blind and intellectually challenged to a large, poor, single-parent family, Loretta credits sports and those who encouraged her with making her the inspiring person that she is today. Beyond her Special Olympics accolades, she has completed 26 marathons, holds a 4<sup>th</sup> degree black belt in Karate, has won the ESPY - Arthur Ashe Award for Courage, and been recognized by 5 presidents. She also has 5 local, state, and national Hall of Fame inductions, a Tedx Talk, and 3 honorary doctorate degrees.

## Senior Farmers Market Nutrition Program Vouchers Available





**Vouchers will be handed out IN-PERSON.** The voucher recipient must be in attendance unless a proxy form has been filled out. (Proxy forms are available on our website.) ID verifying age and proof of residency will be required for pick-up.

If you previously attended one of our 2023 June events AND filled out an application, your vouchers will be mailed to you ASAP. You cannot pick them up at another event.

For qualifying information and/or a distribution event schedule, please click on one of the images above or visit our website at:

https://yorkcountypa.gov/189/PA-Senior-Farmers-Market-Nutrition-Progr





# York County Independence Day Celebrations

Find events near you:

### FRIDAY, JUNE 30th

## **Shrewsbury**

Fireman's Carnival Fireworks at 10 pm

### MONDAY, JULY 1st

#### Stewartstown HARPFEST

Festival at 4 pm "JC Fisher Band" at 6:30 pm Fireworks at 9:30 pm

### SUNDAY, JULY 2nd

## **Springettsbury**

Springettsbury Township Park Amphitheater

"Stonewood" Concert at 7 pm Fireworks at 9:15 pm

## MONDAY, JULY 3rd

#### Dover

**Eagle View Park** 

Food Trucks at 6 pm Fireworks at Dusk

#### **Red Lion**

**Fairmount Park** 

Fireworks at 9 pm

## TUESDAY, JULY 4th

#### Hanover

**Behind Lowe's** 

Fireworks at 9:30 pm

#### Jacobus

**Jacobus Community Park** 

BLAST! at 8:30 am Music at 10 am Fireworks at Dusk

## **York City**

WellSpan Park

Free Fun Zone at 2 pm Baseball Game at 4:30 pm Free Admission at 8 pm York Symphony at 8:30 pm Fireworks at 9:30 pm

## Wrightsville

**Front & Walnut Streets** 

Food Trucks at 4 pm Fireworks at Dusk

## FRIDAY, JULY 7th

#### **New Freedom**

Marge Goodfellow Park

Carnival/Music at 7 pm Fireworks at 10:30 pm

## York Township

York Township Park

"Lightyear" Movie at 4 pm Fireworks at Dusk

#### For more details visit:

https://www.ydr.com/story/news/local/2023/06/19/july-4-2023-fireworks-in-york-harrisburg-lancaster-gettysburg/70280585007/



Find a Class

The York County Area Agency on Aging offers a variety of health & wellness classes to help you live your best life. From fall prevention to managing chronic conditions we can help to keep you moving and preserve your peace of mind.

Click the button for class descriptions and a link to our schedule.

#### Turning 65? New to Medicare?

PA MEDI is here to help with "Medicare 101"!

Understanding Neclicans can be difficult. Provided by Remeybaries Nedlicans Education and Decision Insight, PAINED, this free presentation introduces you to Neclicans and gives you the appointingly on skip assons to PAINED is specially trained staff and withintans.

# "Medicare 101" will help you learn about: - Medicare Eligibility & Euroilment

- Notices, Costs & Penalties
- Notices, Costs & Penatics Origins Medicare, Medigap, & Medicare Advantage Services under Medicare Pains A.S. B. Medicare Prescription Drug (Part D) Benefit
- Switching Plans Medicare Appeals
- Medicare Savings Programs to save yourn-oney
- How PA MEDI can assist you.





#### Join Us!

When: Tuesday, July 25° & Thursday, November 30° 6 - 9 pm

York County at Pleasant Valley Road 2401 Pleasant Valley Road York, PA 17402

Register: Call 717-771-9008 or

Email: aging@yorkcountypa.gov

Presented by Pennsylvania Medicare Education and Decision Insight, PA MEDI. the known and trusted resource at your local Area Agency on Aging for unblased, easy-to-understand Medicare



## PA MEDI's **Medicare 101**

will be Tuesday, July 25th 6 - 9 pm

**York County** at Pleasant Valley Road

Click on the flyer for a printable version.

### Want to read more?

Check out the spring/summer edition of New Horizons, the official newspaper of the York County Area Agency on Aging.

**New Horizons Online** 



About York County Area Agency on Aging

The primary focus of the York County Area Agency on Aging is to provide education, advocacy and coordination of community-based services to empower older adults to maximize their independence and quality of life.

Area Agency on Aging | 2401 Pleasant Valley Road, York, PA 17402 717-771-9610

Unsubscribe dillsburg@dillsburg.com Update Profile | Constant Contact Data Notice Sent by aging@yorkcountypa.gov in collaboration with

