

Dillsburg Senior Activity Center

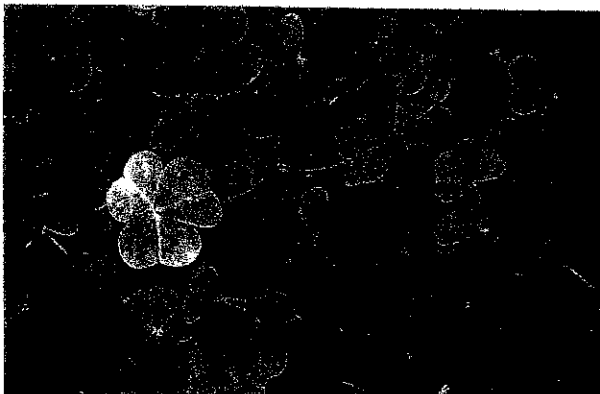
March 2023 Newsletter

Look for the end of the rainbow! We would be very lucky to have you or one of your loved ones spend the day with us! We have plenty of activities for all that are interested and there's something for everyone. If you're not already registered, speak to a staff member to sign up. We can't wait to see you!

The next General Membership Meeting will be in April!

Membership Fundraiser Update

Over the month of February, 42 additional members made \$10.00 donations, bringing our total to \$780.00! This fundraiser will remain open throughout the year. The center would appreciate any contributions. You could help us raise this total by making a donation of just \$10.00! Upon donation you will either receive a membership card or have your current membership card updated. Thank you so much for all of your continued support!



Our Staff

Director:

Tracy Emig

Assistant:

Dana Guyer

Contact Us

(717) 432-2216

dillsburgseniorcenter@verizon.net

!Winter Closure Info!

We try to have all closures broadcasted on:

- WGAL Channel 8
 - WHP Channel 21
- Or
- WHTM Channel 27

If you have any question or concerns, please feel free to call the center at (717) 432-2216.

Lunch at the Center

Dillsburg Senior Center provides lunch five days a week, **Monday through Friday**. All members are encouraged to join us here for community lunches and/or to take advantage of our take-out option. To order your lunch we ask that you complete a monthly calendar at least two days before the date of the meal so that we order a sufficient amount of food. Please try to arrive by 11:50 AM on the days that you plan to join us. We will begin lunch service at **12:00 PM** which will start with announcements and a blessing.

Home-delivered meals are delivered on Mondays, or the first day of our week. Many thanks to the dedicated volunteers who make these deliveries.

Did You Know... apart from donations, our funding from the York County Area Agency on Aging is based solely on the members who join us for lunch.

Looking Ahead... April activities will include a sandwich sale fundraiser! Keep an eye out for more info in next month's newsletter.

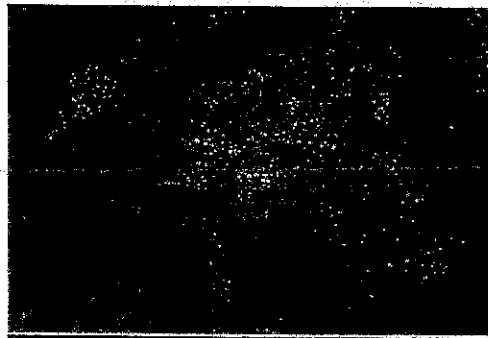
Soap for Sale!

We have homemade soap for sale in these available scents:

- Lavender (\$1.80)
- Patchouli (\$1.50)
- Peppermint (\$1.50)
- Rosemary (\$1.80)

*These prices do not include tax

Please visit the center to purchase.



Penn Waste Inc. Bags for Sale!

The bags from the Penn Waste Inc. pay-per-bag program are still available for purchase!

These are 32 gallon, orange plastic bags on sale for \$7.00 per bag. Please visit the center to purchase.

Our Wish List

- Ziploc Bags (sandwich size)
- Scissors (Fiskar's brand)

Dillsburg Senior Activity Center

March 2023 Calendar of Activities

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|---|--|---|---|-----|
| | | | 1 11:00 Needle work crafters | 2 9:30 Bowling @ ABC West Lanes | 3 10 12 Noon Trivia with Bob Reigh | 4 |
| 5 | 6 | 7 | 8 11:00 Needle work crafters | 9 | 10 12 Noon Baked Potato Bar Luncheon | 11 |
| 12 | 13 | 14 10:00 Bingo | 15 11:00 Needle work crafters | 16 9:30 Bowling @ ABC West Lanes | 17 12 Noon Baked Potato Bar Luncheon | 18 |
| 19 | 20 | 21 8:30 Breakfast at Sunlight Diner | 22 Board Meeting 8:00 11:00 Needle work crafters | 23 10:30 Mystery at the Senior Center | 24 | 25 |
| 26 | 27 | 28 10:00 Board and card games | 29 11:00 Needle work crafters | 30 1:15 Easter Luncheon at the high school | 31 | |

**March 2023
Congregate Meal Menu**

MONDAY



March 6
Glazed Ham w/ Raisin Sauce
1/2c Sweet Potatoes
1/2c Peas & Carrots
1 Dinner Roll
1 Cookie

TUESDAY



March 7
BIRTHDAY CAKE!
Pasta Primavera
(Chicken, Cheese, Broccoli, Carrots,
Onions, Peppers)
1/2c Noodles
1 Breadstick

WEDNESDAY

March 8
Stuffed Pepper Casserole
1/2c Garlic Whipped Potatoes
1/2c Coin Carrots
1 Wheat Bread
1/2c Pudding

THURSDAY

March 9
Turkey Chef Salad
(2oz Turkey, Egg, Cheddar, over
1c Mixed Greens w/ Tomato)
1/2c Mixed Vegetables
1 Dinner Roll
1/2c Gelatin

FRIDAY

March 10
Vegetable Lasagna
Topped w/ Cream Sauce
1c Tossed Salad w/ Dressing
Garlic Breadstick
1/2c Fruit Cocktail

March 13
BBQ Pork Ribette
1/2c Hashbrown Cubes
1/2c Green Beans
1 Sandwich Bun
1/2c Pineapple

March 14
Chicken Alfredo
1/2c Noodles
1/2c Carrots
1 White Bread

March 15
Cheeseburger
w/ Lettuce, Tomato
1/2c Potato Salad
1 Hamburger Roll
Seasonal Fresh Fruit

March 16
Happy St. Patrick's Day
3/4c Corned Beef & Cabbage
1/2c Boiled Potatoes w/ Chives
1/2c Green Beans
Dinner Roll
1/2c Pistachio Pudding

March 17
Bag Lunch/ Special Lunch at Center
Italian Sandwich
Lettuce and tomato
coleslaw
pasta salad
fresh fruit
lemonade

MONDAY



March 20
Burgundy Glazed Meatballs (4)
1/2c Rice
1/2c Mixed Vegetables
1 Italian Breadstick
1/2c Mandarin Oranges

TUESDAY



March 21
Grilled Chicken Salad
(2oz Chicken, Cheddar, HB Egg
over 1c Mixed Greens)
1/2c Broccoli Salad
1 Dinner Roll
1/2c Fruited Gelatin

WEDNESDAY

March 22
Pepper Steak
w/ 2oz Gravy
1/2c Whipped Potatoes
1/2c Diced Carrots
1 Wheat Bread
1/2c Blushed Peas

THURSDAY

March 23
Hawaiian Pork Loin
1/2c Buttered Noodles
1/2c Island Blend Vegetables
Fresh Seasonal Fruit
Cookie

FRIDAY

March 24
Potato Crusted Fish
1/2c Macaroni & Cheese
1/2c Stewed Tomatoes
Wheat Bread
Fresh Fruit

March 27
BBQ Chicken Breast
1/2c Brown Rice
1/2c Coleslaw
Wheat Bread
Fresh Orange

March 28
Western Omelet
w/ Ham, Peppers, Onions, Cheese
1 Sausage Patty
1/2c Breakfast Potatoes
1 English Muffin w/ Jelly
4oz Apple Juice

March 29
Pot Roast w/ Gravy
1/2c Mashed Potatoes
1/2c Coin Carrots
Italian Bread
Cookie

March 30
Penne & Meatballs (4)
3/4c Pasta w/ Marinara
1c Tossed Salad w/ Tomato
1 Garlic Breadstick
1/2c Mixed Fruit Salad

March 31
Breaded Fish Sandwich w/
Cheese & Lettuce
1/2c Mixed Vegetables
1/2c Garlic Noodles
WG Sandwich Roll
1/2c Peaches

*** All meals are subject to change ***
**** Served daily: Milk and Margarine

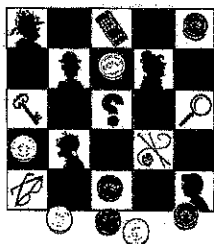
March Program Highlights

- **Needle-Work Crafters- Every Wednesday this month, 11:00 AM**
No experience necessary. We have an awesome group of members who would be happy to share their knowledge!
- **Bowling- Thursday, March 2nd & Thursday March 16th, 9:30 AM**
We will be meeting at ABC West Lanes on the Carlisle Pike and bowling two or three games, before returning to the center for lunch.
- **Trivia with Bob Reigh- Friday, March 10th, 12:00 PM**
Bob Reigh returns at lunch to lead us in some friendly, competitive trivia. Let us know if you can join by Tuesday, March 7th so we can have a meal ordered for you!
- **Bingo- Tuesday, March 14th, 10:00 AM**
This is a center favorite! Bring a prize or two and stay for free lunch! Remember to call by Tuesday, March 7th to order lunch for this event.

* **Special St. Patrick's Day Lunch** * - Friday, March 17th, 12:00 PM

To celebrate how lucky we are to have all of our members, we will be holding a special lunch on St. Patrick's Day! We will be giving out take-home bagged lunches to all who are signed up and serving a baked potato bar in-person for that day. The baked potato bar will be freshly made with lots of options for fixings! We hope to see you there. Please sign up by Tuesday, March 14th.

- **Breakfast at The Sunlight Diner- Tuesday, February 21st, 8:30 AM**
We will be meeting at The Sunlight Diner for fellowship and a great breakfast. Carpooling is an option if needed. Please let us know by Friday, March 10th if you plan to join us so that we can arrange transportation. The address of the diner is 4729 Gettysburg Rd, Mechanicsburg PA, 17055.
- **TAFE presents Mystery at Senior Manor- Thursday, March 23rd, 10:30 AM**



Theatre Arts for Everyone (TAFE) is a community theatre whose mission is to give everyone the opportunity to be involved in, educated about, and entertained by the art of live theatre! Join us for a day of live theatre at the center—we'll need all the help we can get to solve this mystery!

- **Board and Card Games- Tuesday, February 28th, 10:30 AM**
Join us in celebrating our favorite games with friends; the more the merrier!
- **Easter Luncheon with Northern School District- Thursday, March 30th, 1:15 PM**
The Easter Luncheon for Senior Citizens is being held in the Northern High School cafeteria. If you would like to attend, please call the center to add your name to our list by Monday, March 27th. A big thank you to the Northern School District for sponsoring this event!

Dillsburg Senior Activity Center, Inc.
P.O. Box 51
Dillsburg, PA 17019

NON-PROFIT
ORG.
U.S. POSTAGE
P A I D
Permit No. 34

Return Service Requested

Dillsburg Borough Office
233 South Chestnut Street
Dillsburg, PA 17019

**Low-Income Home Energy Assistance Program
(LIHEAP)**

LIHEAP helps low-income individuals pay their heating bills. LIHEAP is a grant, meaning it does not need to be repaid.

To receive help:

- Apply between November 1st, 2022 and April 28th, 2023
- You do NOT have to be on public assistance
- You do NOT have to have an unpaid heating bill
- You can either rent or own your home

How to apply:

- The senior center has applications
- Apply online at www.compass.state.pa.us.
- Request an application by calling the Statewide LIHEAP Hotline at 1-866-857-7095 or by calling PA Relay at 711 for the hearing impaired

Call the center if you need assistance completing the form.

After your application is processed you will receive a written notice that will tell you the amount of your grant.

Income Guidelines for 2022-2023

| Household Size | Maximum Annual Income |
|----------------|-----------------------|
| 1 | \$20,385 |
| 2 | \$27,465 |

Each additional person add \$7,080.

**2022 Tax Year Assistance
Schedule of Locations Near Dillsburg**

Dover Area Community Library

3700 Davisburg Rd., Dover, PA 17315

Open Thursdays, 8:30 AM – 12:30 PM

January 30 – April 15th 2023

Call (717) 292-6814

Call times Monday 12:00 – 6:00 PM

Tuesday-Saturday 10:00 AM – 1:00 PM

Red Land Senior Center

736 Wyndamere Rd., Lewisberry, PA 17339

(717)938-4649

Open select Fridays 9:00 AM – 1:00 PM

January 30th-April 15th 2023

Messiah University VITA Program

Messiah University

One College Ave., Mechanicsburg, PA 17055

Mondays 5:30-7:30 PM (first come first served)

February 28th – April 17th

Call (717)766-2511

Ask for the VITA program to receive additional information and directions

**Direct assistance will not be provided at the
Dillsburg Senior Center.**