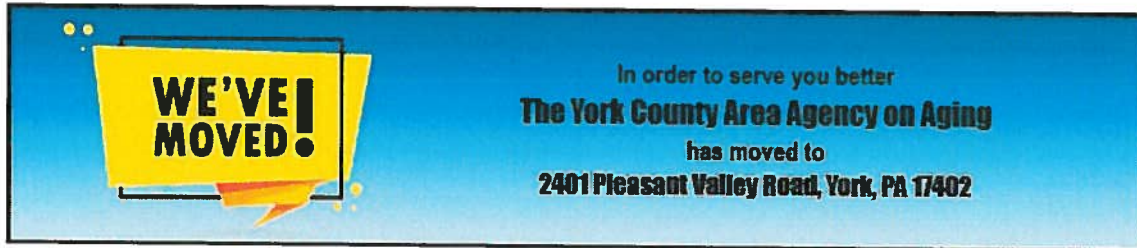




York County Area Agency on Aging

E-Newsletter

February 2023



EXTRA BENEFITS FOR COVID ARE ENDING

There are several changes that may affect SNAP household's benefit amounts over the coming months. The temporary boost to SNAP benefits put in place during the COVID-19 pandemic, known as emergency allotments, will end nationwide after the February 2023 issuance. In addition, households that receive SNAP and Social Security benefits will see a decrease in their SNAP benefits because of the significant cost of living increase to Social Security benefits that took effect on Jan. 1, 2023. Here at York County Area Agency on Aging, we recognize the potential impact this could have on our most vulnerable older adults. If you or someone you know could benefit from this information and/or is experiencing food insecurity, please use the information below or contact our office at **717-771-9610**.

How Much Will My Benefits Change When Emergency Allotments End? Emergency allotments allowed all SNAP households to receive an additional \$95 in benefits or an additional benefit valued up to the maximum benefit for their household size, whichever value is greater. When emergency allotments end, you will return to your normal SNAP benefit amount which, depending on your household income, may be less than the maximum benefit for your household size.

How Much Will My Benefits Change Because of the Social Security Adjustment? The Social Security adjustment only impacts SNAP households that also receive Social Security benefits. The impact is not dollar for dollar. The Social Security adjustment is a net gain for SNAP

recipients as it increased Social Security benefits more than it decreased SNAP benefits. However, some households will still experience a larger decrease to their SNAP benefits due to the end of emergency allotments occurring at or around the same time.

List of York County Food Banks

MORE INFORMATION

York Benevolent Food Distributions - February 2023

Downtown York - 301 Kings Mill Road
Tuesdays, February 7, 14, & 21, 8:30 - 11 am

Hallam - Faith United Methodist Church
Saturday, February 25, 9 - 10:30 am

Must bring photo ID or document showing residency

SAVE on fresh fruits and veggies

York Fresh Food Farms

Earn a \$2 Fresh Bucks coupon for every \$1 you spend using your access card

WINTER MOBILE PRODUCE MARKET • 2022-2023

Affordable farm fresh produce grown and harvested in the City of York

EVERY OTHER WEDNESDAY
9am - 11am
Carriage Works
50 S. Highland Ave. York, PA 17404

EVERY THURSDAY
9am - 11am
White Rose Senior Center
27 S. Broad St., York, PA 17403

EVERY FRIDAY
9am - 11am
York Towne House
200 N. Duke St., York, PA 17401

WE ACCEPT:
• SNAP EBT
• NLC & Senior Farmers Market Checks
• NewStyle Market Bucks
• Vouchers
• Cash, debit, credit cards

1-800-456-7890

Extra SNAP is Ending!
What you need to know

WHAT IS CHANGING?
The extra SNAP payment, officially called **Emergency Allotments**, will end in February 2023.

Starting in March, you will only get your regular SNAP payment based on your EBT card at the beginning of the month. There will be no second payment later in the month.

WHAT SHOULD I DO?
Without the extra SNAP, your benefit amount is based on your income and the expenses the program allows you to report.

You should report up-to-date information as soon as possible so that you are receiving all of the benefits you are eligible for.

MAKE SURE THE CAO HAS UP-TO-DATE INFORMATION
Make sure you report important changes, like:

- 1) Your Address.**
 - You may miss important updates if the CAO does not have your current address.
- 2) Your income and the income of others in your SNAP household.**
 - Did you lose work hours or have your pay cut? If you are earning less, you may qualify for more SNAP benefits.
- 3) Your expenses and other allowable deductions.**
 - Are you paying more for child care?
 - If you are a senior or have disability, do you pay more than \$35 in medical expenses per month? Providing proof of these expenses may help you qualify for more SNAP. Learn more at <https://www.fns.gov/snap/eligibility>
 - Did your rent, mortgage or property taxes increase? In some cases, reporting this may help you qualify for more SNAP.

See next page for how to report changes and tips to prepare for this change.

YOU DO NOT NEED TO SPEND ALL OF YOUR SNAP
You can keep SNAP benefits on your EBT card as long as you want, as long as you use the card once every 9 months to keep it active. If you find that the extra SNAP is giving you a little more money for food than you need to spend, you can save them to spend in a later month, to provide a little wiggle room for when the second payments end in March 2023.

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Right click your mouse & open the images to view full size.

FREE TAX ASSISTANCE

The AARP Tax-Aide lines are

now open and accepting appointments for FREE Tax Preparation for those age 50+. You must have an appointment to receive help. Various locations & times are available. Please click on the scheduling button for specific information.

Are you 50+ years old? Need help filing your federal, state, and/or local taxes?

FREE TAX PREP ASSISTANCE

FOR LOCAL SENIOR CITIZENS

Courtesy of York AARP Tax-Aide



AARP MEMBERSHIP NOT REQUIRED

Locations in York, Croley, Dover, Hanover, Lewisberry, Manchester, Red Lion, Shrewsbury, Spring Grove and Wrightsville

Beginning January 17, 2023 call 717.771.9042 or go online at <https://www.yorkaarp-taxaide.com/> to make an appointment at one of our 14 sites

Due to training limitations, the program cannot prepare taxes for businesses, for self-employed individuals who have employees or losses, farm income, rental property with expenses, for those who own or traded cryptocurrency, and more

What To Bring

Scheduling Information

Schedule Online



NEW CLASS DATES ADDED!

Our FREE fall prevention and self-management classes are available to help you live your best life. Our classes are designed for those age 60+ who may have a fear of falling, balance issues, or are living with a chronic disease. Click the buttons to find out more!



LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM HELP KEEPING YOUR HOME WARM & SAFE.

dhs.pa.gov/LIHEAP

The price of staying warm just keeps going up and up! The Low-Income Home Energy Assistance Program can help you manage those high energy bills during the winter season. Applicants must have an income of \$20,385 or less for a single person, or less than \$27,465 for a 2-person

Class Descriptions

ClassSchedule

household. Contact the York County Assistance Office or the York County Area Agency on Aging for how to apply.

THE WINTER EDITION OF NEW HORIZONS IS HERE!

What's inside:

- Caregiver Support
- Winter Storm Safety
- Winter Driving Tips
- Tax Prep Information and lots more...



New Horizons Online

To receive New Horizons for free by mail, please email your name and address to:

aging@yorkcountypa.gov

or call: **717-771-9610**

About York County Area Agency on Aging

The primary focus of the York County Area Agency on Aging is to provide education, advocacy and coordination of community-based services to empower older adults to maximize their independence and quality of life.

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