

Dillsburg Senior Activity Center

May 2026 Newsletter

Hours: 9:00 AM – 2:00 PM Monday – Friday
1 N. 2nd St., Dillsburg, PA 17019
(717) 432-2216 dillsburgseniorcenter@verizon.net

Dillsburg Senior Center will be closed Monday, May 26th for Memorial Day

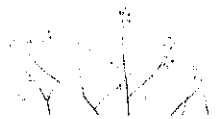
Our Staff

Director:
Heather Oylar

**Assistant
Director:**
Diane Cosby

Kitchen Staff:
Emily Morales

Welcome



Spring is looking lovely. While I'm not sure the cold weather is completely behind us, it is great to see the green grass and flowers again. A big shout of thanks to our volunteers for getting our new garden beds put together. I have hopped in to help when I could, but they really took over getting these boxes built and filled for the seniors to use.

Our thrift Swap week here at the center was another success! We've seen bags, boxes and piles of items brought in from various senior's homes in their efforts to declutter. In return we had many members go home with new clothing or necessary household items for free. Even if you didn't find what you may have been looking for, it is always exciting to look through the tables, see new things and maybe even reminisce over items we see from our past. We plan to bring this back in Fall for those who look forward to this event!

May is quite busy, starting with our Give Local York campaign on May 1st. You'll see more information on the outside page of our newsletter, but it is 24 hour event to obtain online donations. It is a good opportunity for any business owners, or family members who prefer online payments for donations, to go to the link in donate. If they are able to follow along that day on the Give Local York site, they will see their organization offers matches and gifts throughout the day which increases the chance for donations to grow even bigger.

We are very excited, to make our first appearance at the Dillsburg Pickle Fest this year! Please stop by on May 9th to say hello and enter in our raffle!

Pickle fest

Saturday, May 9th

8:00-3:00pm

Greenbriar Lane

Dillsburg

Dillsburg Senior Center will be set up at this year's Dillsburg Pickle fest to share all that we do, and raffle off a basket of goodies! Stop on by!

Mother's Day Activity

Paint a small pot and plant a flower to take home or give as a gift!
Sign up in the center *by April 30th* to join us for this two-part activity.

Thursday, May 7th 10:00- Paint your own 2.3 inch terra cotta pot, we will leave them here to dry

Monday, May 11th 10:00- Return after the weekend to plant a flower in the pot to take home!

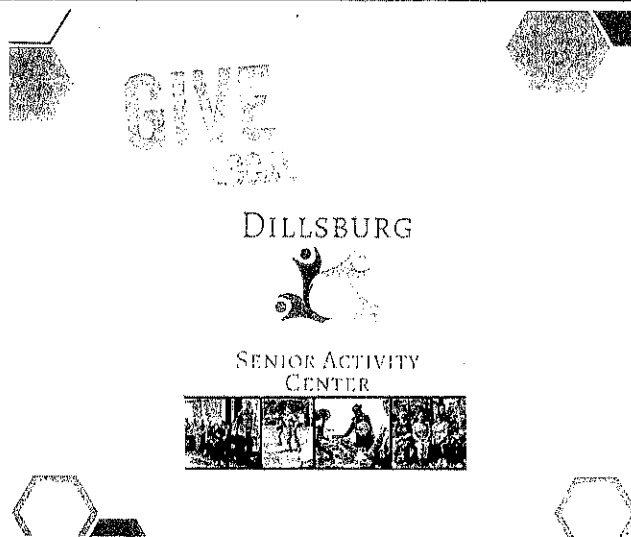
This activity is free to our members only.

Seniors in York County interested in joining the Dillsburg Senior Center can stop in to register!

Dillsburg Senior Activity Center, Inc.
P.O. Box 51
Dillsburg, PA 17019

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Dillsburg Borough Office
233 South Chestnut Street
Dillsburg, PA 17019



Dillsburg Senior Center is happy to be participating in Give Local York!

Give Local York is a special community giving event that supports local nonprofits in York County. From **April 30th 7pm-May 1st 7pm**, you can go online to **Givelocalyork.org** and make a donation to your favorite local charity. Even small gifts can make a big difference on this day. The website is simple to use, and donations are safe and secure. Give Local York is a wonderful opportunity to come together as a community and support the programs and services that help our friends and neighbors every day.

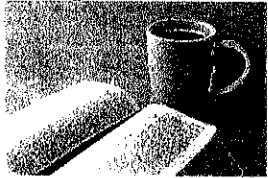
Anyone can donate! Be sure to share this information with family, friends and local business owners. Online donating will be open from **April 30th 7pm - May 1st 7pm** at **Givelocalyork.org**, simply go to the site and search for Dillsburg Senior Center. All Donors will be thanked in our newsletter!

Not comfortable with the online donation site?

Participate in our annual donation drive by cash or check - donations made to the center between now and April 28th Can be put towards this special event!

Bible Study

Thursday, May 14th, 10:30
Enjoy a cup of coffee, and
fellowship, all are welcome!



Music Mondays

On the following dates we
will turn the music up to
enjoy!

Monday May 11th
Beach Boys

Returning Activities this Month

Needle Crafters every Wednesday 11:00

Billiards

Wednesday May 6th and 20th 11:00am

Bowling – Thursdays, May 14th and 28th-
9:30 at ABC West Lanes

Board Games – Tuesday, May 5th 10:30

Trivia –Friday, May 8th, 11:00
Play before we eat

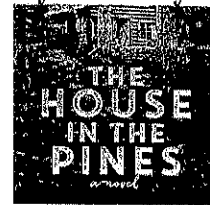
Card Games – Thursday, May 21st, 10:30

Bingo – Monday, May 18th, 10:00
please remember to contribute to the prize table!

Book of the Month:

The House In The Pines

By Ana Reyes



Pick up:

Monday, May 4th

Discussion:

Thursday, May 28th 10:00 am
Call in to the senior center to
reserve your book!

A debut psychological thriller
about Maya, who investigates the
mysterious death of her best
friend, Aubrey, from seven years
prior, suspecting the charismatic
Frank was involved. The novel, a
January 2023 Reese's Book Club
pick, features an unreliable
narrator, themes of addiction,
complicated female friendships,
and generational trauma, as Maya
uncovers a pattern of similar
deaths linked to Frank, forcing her
to confront her hazy memories and
return to the titular house in the
woods.

Walk in the Park

Anyone, any age is welcome to join in on our walks. Arrive a few minutes early
to gather in the parking lot. Both locations are a paved path that laps around the
park.

Chestnut Park – Wednesday May 6th 10:00

Logan Park- Wednesday May 20th 9:00

Memorial Day Yard Games and Ice Cream

Friday, May 22nd 11:00

We will gather in the yard for games and each other's company. Sign up for the days lunch and stay afterwards for
an ice cream bar!

Self Defense Class

Friday, May 15th, 9:30-11:30

Rich King from Swatara Township Karate Academy
will be in to educate us in proactive safety education
for the needs of older adults. We want to provide you
with the tools to remain independent, confident, and
secure in your environment. You will learn practical,
low-impact techniques designed to create an
immediate window of opportunity. You will learn
quick, effective responses that don't require extreme
strength or flexibility. Self-defense isn't just a skill set,
it's the peace of mind that comes from knowing you
can protect your own well being!

Please sign up for this event

Join us for a trip to Root's Country Market!

Tuesday, May 26th, 2026

9:00am depart center via Rabbit Transit

10:00-1:00 explore market and lunch on your own

2:00 return to center

Cost is 15.00 for Rabbit fare but please bring your own
money for lunch and shopping
Root's Country Market is filled with bakeries, delis,
butchers, local and imported produce.

Must be independent to attend. Due to this being a rabbit
trip, attendees must be 65 or over.

Aging is cool, everyone's doing it!

*New for 2026! Join us each month for a lunchtime treat as we celebrate members' birthdays! All members are welcome to join, just be sure to sign up for lunch at least two days in advance to celebrate the milestone of another year!

May 29th

we will be celebrating the following May Birthdays at lunch!

Sid Culbertson	Donna Knisley	Carole Weiss	Russel Hertzler	Don Joy
Barb Henneman	Robert Guyer	Jeanine King	Nina Hoover	Susan Barnes
Emily Morales	Judy Chivacci	Mary Jane Gross	Kathy DeNefario	Sandra Barton

Older American's Month

May is older Americans month! We ask that you bring a photo or two of yourself from your younger days, to celebrate how far we have come. Keep the photo private and we can turn it into a game of who is who! Please turn in your photo with your name on the back by **May 15th**. (Think prior to age 50, or for our younger members go even younger!)

May 29th we will gather at 10:00 to discuss our photos, aging, and how far we have come!

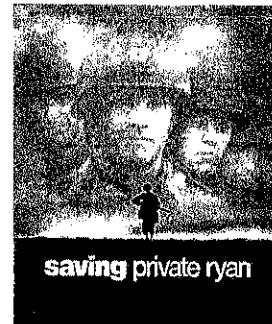
-We are in search of members who know how to play the card games pinoche and bridge to form a group to play. Please stop in, call, or email, to put your name on the list!

The Senior Farmers Market Nutrition Program (SFMNP) provides low-income seniors with vouchers to put towards the purchase of fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs from approved farmers' in Pennsylvania.

York County is in person only and does not do in person applications for these vouchers.

Volunteers will be distributing vouchers at Dillsburg Senior Center on June 30th, starting at 9am

Movie in the Senior Center



Saving Private Ryan
Monday, May 4th 9:30am

Following the Normandy Landings, Captain John Miller (Tom Hanks) takes his men behind enemy lines to find Private James Ryan, a paratrooper, whose three brothers have been killed in combat. Surrounded by the brutal realities of war, while searching for Ryan, each man embarks upon a personal journey and discovers their own strength to triumph over an uncertain future with honor, decency and courage.

Movies are a drop in event that you do not need to sign up for! Please arrive on time and be respectful during movies!


Our Donation Wish List

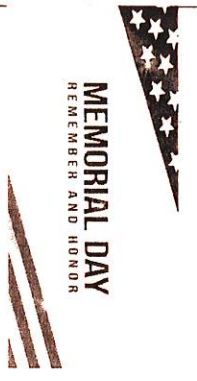
- Non bleach sanitizer for tables/etc
- Chocolate syrup (for milk please! Not sundaes)
- Liquid coffee creamers
- Paper bowls for salads and desserts
- Giant gift cards to help support events at the center

We appreciate everyone's donations that help add to the experience at our center!!

May

York County

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>4oz Sweet & Sour Chicken 1/2c. Brown Rice 1/2c Island Blend Vegetables 1 Wheat Bread Fresh Fruit</p>	<p>1c Tortellini with Sausage Meat Sauce 1/2c Garlic Green Beans 1/2c Peaches 1 Breadstick Cookie</p>	 <p>Pizza Burger 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Hamburger Bun Fresh Fruit</p>	 <p>Happy Mother's Day! Meat Lasagna 1/2c Green Beans 1 Garlic Breadstick 1/2c Blushed Pears Ice Cream</p>	<p>3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peaches</p>
<p>3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Mixed Vegetables 1/2c Pears</p>	<p>3oz Swiss Steak w/ 2oz Onion Gravy 1/2c Cabbage & Noodles 1/2c Green Beans Wheat Bread 1/2c Pineapple Delight</p>	<p>1c Chili with .5oz Cheese 1 Baked Potato 1c Tossed Salad w/ Dressing Cornbread</p>	<p>Breaded Dill Chicken Sandwich w/ Lettuce and Tomato 1/2c Roasted Potatoes 1/2c Warm Spiced Apples 1/2c Coleslaw Hamburger Bun, Ranch PC Ranch Dressing</p>	<p>3oz Baked Meatloaf w/ 2oz Gravy 1/2c Garlic Whipped Potatoes 1/2c Sliced Carrots Wheat Bread Fresh Fruit</p>
<p>4oz Teriyak Chicken 1/2c White Rice 1/2c Oriental Vegetables 1/2c Pineapple Tidbits</p>	<p>Grilled Chicken Salad (2oz Chicken, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Mixed Fruit</p>	<p>3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables White Bread 1/2c Peaches</p>	<p>Pasta & Meatballs (4) w/ Alfredo Sauce 1/2c Green Peas & Pearl Onions Breadstick Fresh Fruit</p>	<p>Honey BBQ Meatballs (4) 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Seasonal Fresh Fruit</p>
<p>Memorial Day</p>	<p>3oz Chipped BBQ Ham Sandwich 1 Slice Provolone Cheese 1/2c Green Beans 1/2c Warm Spiced Apples 1/2c Coleslaw Hamburger Bun</p>	<p>3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Peas Wheat Bread 1/2c Pears <i>*menu subject to change</i></p>	<p>Creamy Tuna Salad Sandwich (3oz Tuna, 1oz Mayo) Lettuce & Tomato 1/2c Broccoli Salad 1/2c Diced Beets 2 White Bread Fresh Fruit</p>	<p>3oz Pepper Steak w/ 1oz Tomato Sauce, 1oz Peppers, 1oz Onions 1 Baked Potato 1/2c Carrots 1 Wheat Bread 1/2c Gelatin</p>



May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Movie in Center 9:30 Book Pickup	5 Board Games 10:30	6 Walk at Chestnut 10:00 Needlecrafters 11:00	7 Mother's Day flower pot 10:00	8 Trivia 11:00	9 Visit Dillsburg Senior Center at Pickle Fest! 8-3
10	11 Mother's Day flower pot 10:00	12	13 Needlecrafters 11:00	14 Bowling 9:00 ABC West Lanes Bible Study	15 Self Defense 9:30-11:30	16
17	18 Bingo 10:00	19	20 Needlecrafters 11:00	21 Card games 10:30	22 Badminton and Ice Cream Bar (see newsletter!)	23
24	25 Closed	26 Roots Market trip -see newsletter	27 Needlecrafters 11:00	28 Bowling 9:30 ABC West Lanes. Book Discussion 10:00	29 Photo discussion 10:00 Bday lunch	30
31						