

# Dillsburg Senior Activity Center

## December 2024 Newsletter

Hours: 9:00 AM – 2:00 PM Monday – Friday  
1 N. 2<sup>nd</sup> St., Dillsburg, PA 17019  
(717) 432-2216 dillsburgseniorcenter@verizon.net

**\*Reminder: We will be closed on Tuesday, December 24 and Wednesday, December 25 for the Christmas holiday.**

### Our Staff

**Director:**  
Heather Oyler

**Activities  
Coordinator:**  
Tracy Emig

**Kitchen  
Coordinator:**  
Diane Cosby

**Kitchen Asst.:**  
Noah Melhorn

*Welcome*

We're glad  
you are here!!



### Music Mondays

December 9  
10:00 – 12:00

Swing

December 23  
10:00 – 12:00

Christmas



**Thank you, thank you!** A big shout out to everyone who contributed to our Friendsgiving Celebration. It was wonderful to share this special meal with our friends! We would also like to thank the **Dillsburg Lions Club** for their generous donation to the center. It is greatly appreciated!

**Missing item:** A member brought in a puzzle of the Grand Hotel for folks to put together here at the center. It is currently missing. If you borrowed it, please let us know and return it when you are finished with it. Thank you.

**Winter is right around the corner!** When snow and/or ice is predicted for the day, please check Facebook to see if we are open or closed. The Senior Center also attempts to have closures broadcast on WGAL CHANNEL 8 AND WHTM CHANNEL 27, but due to the incredible number of businesses that use this service, they don't always post the center's closure. Please call us if you plan to cancel your lunch if the center remains open.

**Reminder:** If you are not feeling well or think you have been exposed to Covid or the flu, please stay home. Call to let us know if you are not coming for lunch.

### Holiday Party at Dillsburg Senior Activity Center

Wednesday, December 18, 10:00 AM

Holiday games, snacks, and fun!



### Join us for the gift exchange game!

To participate bring a wrapped gift with no name tag. The gift should be newly purchased, valued at \$5 - \$7, and appropriate for a man or woman.

The holiday meal will be served at noon today. Don't forget to sign up for lunch!

### WISH LIST

- ziplock sandwich bags
- postage stamps
- bingo snacks
- beef or chicken broth
- Gift Cards to Giant, Amazon, and Wal-Mart to help supply our programs and events

## Holiday Luncheon

The Northern High School Student Council invites local senior citizens to a traditional holiday dinner on

**Thursday, December 19, 2024  
Northern High School Cafeteria  
1:00 PM**

**Please call the senior center to add your name to the list of participants by Friday, December 13.**



## Returning Favorites this Month

Needle Crafters every Wednesday 11:00

Bowling – Thursdays, Dec. 5<sup>th</sup> and Dec. 19<sup>th</sup>  
9:30 at ABC West Lanes

Chair Volleyball – Friday, Dec. 6, 10:30

Trivia – Friday, December 13<sup>th</sup>, 12:00

Game Day – Tuesday, Dec. 17<sup>th</sup>, 10:30

Bingo – Friday, Dec. 20<sup>th</sup>, 10:00  
(Christmas themed bingo, bring a prize or two)

Coming in January...

**LEGO<sup>®</sup>  
SERIOUS PLAY<sup>®</sup>**  
PROGRAM

Using specially designed LEGO blocks, participants build models in response to different prompts and questions.

Look for sign-up sheets next month

Tuesday, December 3, 2024

Come join us for some word puzzles such as word search, crosswords and others  
10:30

**If you need help paying your heating bills, LIHEAP may be able to help you.**



The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income people pay their heating bills. LIHEAP is a grant. You do not have to repay it.

### **To receive help:**

- Apply between November 4, 2024 and April 5, 2025
- You don't have to be on public assistance.
- You don't need to have an unpaid heating bill.
- You can either rent or own your home.

### **How to apply:**

- Currently, the senior center has applications.
- Apply online at: [www.dhs.pa.gov/COMPASS](http://www.dhs.pa.gov/COMPASS)
- Request an application by calling the Statewide LIHEAP Hotline at 1-866-857-7095 or call PA Relay at 711 for the hearing impaired.

**Call the center if you need assistance completing this form.**

### **Income Guidelines for 2024-2025**

Household Size	Maximum Annual Income
1	\$22,590
2	\$30,660

Each additional person add \$8,070.

After your application is processed, you will receive a written notice that will tell you the amount of your grant.



### Bible Study

Join us for this new activity.

Center member and retired pastor, Buddy Miller will lead us in a daily devotional.

**Wednesday, December 11 at 10:30**

**Enjoy a cup of coffee and some fellowship. All are welcome!!**

**Christmas Tree Tour at the Warehime-Myers  
Mansion and Lunch  
Monday, December 16, 2024  
Final Details**

- 9:00 meet at the center for Rabbit bus  
or a few people are carpooling
- 10:15 tour of mansion and carriage house
- 12:00 lunch at Dutch Country Restaurant  
Cost of lunch is on your own
- 2:00 return to the center (approximate)  
This trip is full.

**Daniel Bus Trip  
Tuesday, December 10, 2024  
Final Details**

- 10:00 am – Meet at the Center to carpool to Capital City  
Mail
  - 10:30 am – Meet at bus pick up location at Capital City  
Mail
  - Enjoy lunch and a matinee performance of Daniel
  - Quick stop for snacks and a bathroom break on the way  
home.
  - 8:15 pm – Return to Capital City Mail
  - 8:30 pm – Return to the Center
- This trip is full except for a cancellation list.

**Medicare Open Enrollment Dates  
October 15, 2024 – December 7, 2024**

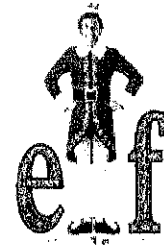
**Understanding Medicare can be difficult.**

PA MEDI counselors are specially trained staff and  
volunteers who can answer your questions and provide  
you with non-biased, objective easy-to-understand  
information about Medicare.

PA MEDI counseling appointments here at the  
Dillsburg Senior Center are over.

**There are many other dates and locations for  
the PA MEDI counseling appointments. Please  
see full list at the senior center.**

**Appointments are required.  
Call 717-771-9042 to schedule.**



**Holiday Movie at the Senior Center  
Monday, December 30, 2024  
We will start the movie at 10:00 AM.**

Join us for popcorn and to watch this holiday  
classic!

**Don't forget to sign up for our special lunch.**

**HIKE at Pinchot Park**

**Thursday, December 12, 9:00 am**

Meet at the Conewago Day Use Area  
Alpine Rd., Lewisberry, PA 17339

This hike is on a mostly dirt path with rocks and  
roots, with some uneven terrain, that it may not be  
for everyone.

Please wear appropriate footwear and bring hiking  
sticks, water and snacks if needed.

**\*\*We will return to the center in time for lunch\*\*  
(don't forget to sign up)**



**Monday, December 30  
Noon**







**GRILLED CHEESE AND SOUP  
DAY**

Come join us for a homemade  
winter weather meal.  
Grilled Cheese and soup are the eat in  
meal. A bag lunch will be provided for  
take out meals and the eat ins who  
sign up for lunch.

**Sign up by Monday, December 23.**

# December

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>3oz Teriyaki pork 1/2c. Rice 1/2c Carrots 1 Dinner Roll Fresh Fruit</p> 	<p>3</p> <p>3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Fruit Crisp</p>	<p>4</p> <p>1 Italian Burger (1T Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit</p> 	<p>5</p> <p>3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 wheat bread 1 Cookie</p>	<p>6</p> <p>1 BBQ Pork Ribette 1/2c Hashbrown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight</p>
<p>9</p> <p>1 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice</p>	<p>10</p> <p>Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian Breadstick Fresh Orange</p>	<p>11</p> <p>Grilled Chicken Salad (2oz Chicken, 1oz Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll jello</p>	<p>12</p> <p>3oz Cajun Shrimp 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple jello</p> 	<p>13</p> <p>3oz Open Faced Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 wheat bread 1/2c Pudding</p>
<p>16</p> <p>1 Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Potato wedge 1/2c corn Hamburger Bun 1/2c Fruit Crisp</p>	<p>17</p> <p>3oz Pork Chop w/ 2oz Gravy 1/2c. Rice 1/2c Candied Carrots 1 Dinner Roll cookie</p>	<p>18</p> <p>Holiday Special! 3oz Roast Turkey w/ 2oz Gravy 1/4c. Homeade Stuffing 1/2c Whipped Potatoes 1/2c. Seasoned Peas &amp; Carrots Dinner Roll Apple Pie</p>	<p>19</p> <p>Either mark <b>IN</b> or <b>OUT</b> on slip <b>IN</b> Option: Holiday Lunch at Northern HS 1:00 PM <b>TAKE-OUT OPTION ONLY:</b> lasagna/tossed salad/green beans breadstick/fresh fruit</p>	<p>20</p> <p>Chicken Bruschetta (3oz Chix, 2oz Tomato, .5oz Cheese 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit</p>
<p>23</p> <p>1c Chicken &amp; Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange</p>	<p>24</p> <p><b>Christmas Eve Center Closed</b></p>	<p>25</p> <p><b>Christmas Day!</b></p> 	<p>26</p> <p>3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Peas 1 Wheat Bread 1/2c Gelatin</p>	<p>27</p> <p>Pasta &amp; Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>
<p>30</p> <p><b>Winter Weather Luncheon</b> Either mark <b>IN</b> or <b>OUT</b> on slip <b>IN</b> Option: Grilled cheese sandwich Choice of soup/dessert and Bag Lunch to take home <b>TAKE-OUT OPTION ONLY:</b> Bag Lunch</p>	<p>31</p> <p><b>New Years Eve!</b> 3oz Pulled Pork w/ 2oz sauerkraut 1/2c Whipped Potatoes w/ chives 1/2 c. Mixed Vegetables Wheat Bread Applesauce Cake</p>			<p>The <b>Nutrition</b> Group</p> 

# Dillsburg Senior Activity Center December 2024 Calendar of Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
		Word Puzzle Activities 10:30	Needle Crafters 11:00	Bowling 9:30 at ABC West Lanes	Chair Volleyball 10:30	
8	9	10	11	12	13	14
	Music Monday 10:00—12:00	Daniel Bus Trip	Needle Crafters 11:00 Bible Study 10:30	Hike at Pinchot Park 9:00	Trivia with Bob Reigh 12:00	
15	16	17	18	19	20	21
	Wareheim—Myers Mansion Christmas Tree Tour	Game Day 10:30	Needle Crafters 11:00 Holiday Party 10:00	Bowling 9:30 at ABC West Lanes Holiday Meal at Northern HS 1:00 PM	Bingo 10:00	
22	23	24	25	26	27	28
	Music Monday 10:00—12:00	<b>Center Closed</b>	<b>Christmas Center Closed</b>			
29	30	31				
	Holiday Movie Elf 10:00 Grilled Cheese and Soup Lunch 12:00	Book Club 10:00 Discussion 11:00 New Book Distribution				